2022 Medicare Enrollment Guide

Your partner in wellness

Essential (HMO-POS) Harmony (HMO-POS) MA-Only



ENROLL YEAR-ROUND,

Every year, Medicare evaluates plans based on a 5-star rating system. BIC ARE ADVANTAGE PLANE



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Ready to Enroll?

You can enroll with Prevea360 Medicare Advantage one of the following ways:

By Phone

Call 877-234-0126 (TTY: 711) to enroll over the phone with a Medicare Consultant

Enroll online Visit prevea360.com/medicare



CLICK

CALL

In Person

Call 877-234-0126 (TTY: 711) to schedule an enrollment appointment* with a Medicare Consultant. Find our upcoming seminars at prevea360.com/seminars

* If necessary, these are offered by phone

Discover Prevea360 Medicare Advantage

Thank you for your interest in Prevea360 Medicare Advantage, offered by Dean Health Plan. Prevea360 Medicare Advantage offers a strong network of providers with a history of exceptional care.

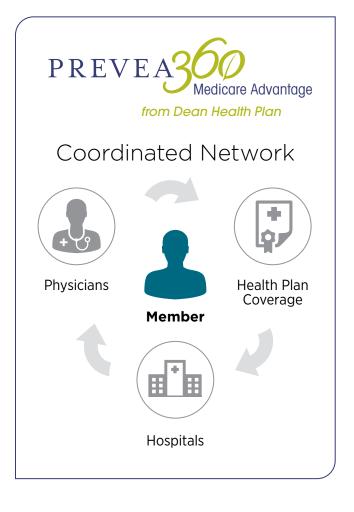
Our Coordinated Care Network is a true collaboration between health care experts, hospital partners and Prevea360 Health Plan, leading to a streamlined and simpler experience for members.

Local: Our roots are local. Our health plan employees are your friends and neighbors. You'll find your primary care provider just down the road.

Caring: Community is important to us. Our employees participate in a variety of volunteer efforts throughout the year to make local life a little better for everyone.

Premier Benefits: Our plans offer a suite of premier benefits to give you a Medicare plan that covers your health needs, including dental, vision and more.





Prevea360 Medicare Advantage Service Area

The service area for Prevea360 Medicare Advantage is Brown, Chippewa, Door, Eau Claire, Kewaunee, Oconto and Sheboygan counties. You must live in one of these counties to join a Prevea360 Medicare Advantage plan.



One plan. One card. One strong network.

Medicare Eligibility and **Enrollment Periods**

Who's Eligible For Medicare?

You are eligible for Medicare, the federal health insurance program, if you are a legal U.S. resident and one of the following applies to you:

- You are 65 years old or older
- You are any age and have a qualifying permanent disability



Medicare Advantage Enrollment Periods

IEP

Initial Enrollment Period (IEP)

This is the seven-month period during which you may enroll in Medicare for the first time. This includes the three months prior. the month of your birthday and the three months after. If you are enrolling for the first time due to disability, your IEP timing is based on your disability date.



Annual Enrollment Period (AEP)

Oct. 15-Dec. 7 of every year is the period during which you may make changes to your Medicare Advantage coverage. Your coverage will become effective January 1.

 You are any age and have been diagnosed with end-stage renal disease (ESRD) or Amyotrophic Lateral Sclerosis (ALS, also called Lou Gehrig's disease)



Open Enrollment Period (OEP)

Jan. 1 - Mar. 31 of every year is the period during which you may switch from one Medicare Advantage plan to another Medicare Advantage plan, or cancel your Medicare Advantage plan and return to Original Medicare.



Special Enrollment Period (SEP)

This is a period during which Medicare recipients may change Medicare Advantage coverage outside of the AEP, if they meet certain requirements and have a qualifying event, such as moving to a new service area or leaving an employer-based plan.

Prevea360 Medicare Advantage Plans At-a-Glance

Choose the Prevea360 Medicare Advantage plan that suits you.

Plan Name	Monthly Premium	Part B Premium Reduction	Hospital Copay	Primary Care Copay	Specialist Copay	Emergency Room Copay	Urgent Care Copay	Ambulance	Therapy: Physical, Occupational, Speech	Durable Medical Equipment	Outpatient Surgery	Maximum Out-of-Pocket (per year)
Essential	φ	th Premium Reduction \$50	In-Network: \$325/day for days 1-5	In-Network: \$0	In-Network: \$35 \$90 Out-of-Network: \$50	t 00	\$90 \$35	In-Network: \$275	In-Network: \$35	In-Network: 20%	In-Network: \$275	In-Network: \$4500
(HMO-POS)			Out-of-Network: \$500/day for days 1-7	Out-of-Network: \$50		-		\$35	\$90 \$35	Out-of-Network: \$275	Out-of-Network: \$60	Out-of-Network: 40%
Harmony	\$0	\$50 Monthly Part B	In-Network: \$325/day for days 1-5	In-Network: \$0	In-Network: \$35	too	¢ 7 F	In-Network: \$275	In-Network: \$35	In-Network: 20%	In-Network: \$275	In-Network: \$4500
(HMO_POS)	per month		Out-of-Network: \$500/day for days 1-7	Out-of-Network: \$50	Out-of-Network: \$50	220 220	\$90 \$35	Out-of-Network: \$275	Out-of-Network: \$60	Out-of-Network: 40%	Out-of-Network: 20% Coinsurance	

Preventive care is covered at 100%

Extra Benefits Not covered by **Original Medicare**

Prevea360 Medicare Advantage plans are dedicated to our members' wellbeing. The benefits listed below are included in all of our Medicare plans.

Learn more at...

Find more information about our extra benefits at prevea360.com/extrabenefits



Dental

UTT

We cover both preventive and comprehensive dental benefits through our partner Delta Dental. Our plan has no waiting period, no deductibles or coinsurance.

- Preventive and diagnostic services: \$0 copay
- Gum disease maintenance and bridge/implants/ dentures repairs: \$45 copay
- Fillings, gum disease treatment and extractions: \$95 copay
- Root canals, bridges, implants, dentures and crowns: \$595 copay
- We cover \$1,500 in dental services per year

See our network of dentists at prevea360.com/extrabenefits





In-Home Support from Papa

We partnered with Papa, a company that connects you with screened and trained Papa Pals who provide assistance with organization, light housework, technology and transportation. Your Pal can visit with you in your home or virtually for up to 10 hours per month.

Over-the-Counter

We cover \$50 per quarter to spend on eligible over-thecounter products like bandages, pain relievers and much more.

You can shop:

- In-store at participating retailers including Walgreens, CVS, Walmart, Dollar General and Kroger stores
- Online at OTCNetwork.com
- Mail-order catalog



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Vision

We cover one \$0 routine vision exam and a \$200 eyewear allowance per year at in-network eyeglass providers.

Hearing

We cover one \$0 routine hearing exam and a \$750 hearing aid allowance per year at in-network hearing aid providers.

Chiropractic Care

We cover additional chiropractic benefits to help you stay healthy and active.

Transportation

We partnered with Lyft to cover 24 one-way personal rides each year

to medical appointments and to the pharmacy.

Post-Discharge Meals

We cover 14 meals from Mom's Meals delivered to your door after you are discharged from the hospital or a skilled nursing facility.











Fitness

The Silver&Fit[®] program includes:

- Fitness center memberships
- Home fitness kit with a Fitbit, Garmin or other exercise equipment
- 8,000+ on-demand videos

Prevea Care After Hours

Experienced registered nurses are always available to answer your questions and concerns. Nurses are available 24 hours a day, 365 days a year. If you're not sure you need to see a doctor—or you're wondering if you have a problem-give us a call.

Living Healthy Rewards

You can earn up to \$150 in rewards for completing healthy activities like receiving a flu shot, going to the dentist and getting an annual physical

Prevea360's **\$0** Benefits

All of our plans include many benefits at no cost to you.

Diabetic **Benefits**

Prevea360 understands the special needs of individuals with diabetes. Our Medicare Advantage plans offer specific benefits geared toward those needs.

Prevea360 Medicare Advantage Part D Prescription Drug Coverage

Prevea360 Essential plan provides comprehensive prescription drug coverage. Our drug formulary covers a wide-ranging list of generic, brand name and specialty drugs, with manageable copays.

\$0 Benefits:

- All Primary Care Visits: In-person and Telehealth
- Labs and Diagnostic Tests
- Mental Health and Substance Use Visits
- Routine Vision and Hearing Exams
- Meals Post-Discharge
- Transportation
- In-Home Support
- Dental Exams, Cleanings and X-Ray
- Vaccines
- Mammograms and Pelvic Exams
- Prostate Cancer Screening
- Preventative Colonoscopy
- Diabetes Screenings, Testing Supplies and Self-Management Training
- Virtual Visit For **Eligible Conditions**



Diabetic Benefits:

- \$30 Insulin Fills at Preferred Pharmacy Locations
- \$35 Insulin Fills at Standard **Retail Pharmacies**
- \$0 Continuous Glucose Monitors (Freestyle Libre and Dexcom)
- \$0 PCP and Lab Services
- \$0 Diabetic Testing Supplies
- 20% Coinsurance for Insulin Pumps
- Two Additional Dental **Cleanings Per Year**
- Over-the-Counter Benefit Includes Coverage for Products Like Diabetic Socks and Glucose Tablets

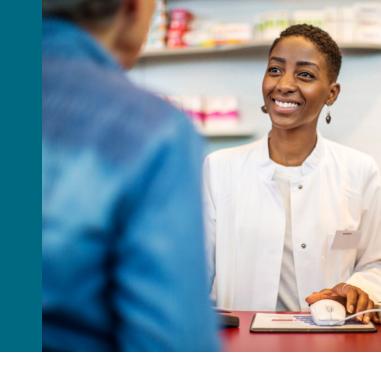


Members save money by filling prescriptions in our preferred retail pharmacy network and through our mail order pharmacy.

- All Walgreens and Walmart pharmacies
- Costco* retail and mail order pharmacies

Members have access to standard retail pharmacy network that includes:

- Most national pharmacy chains, including CVS
- Many retail and grocery store pharmacies
- Many independent, local community pharmacies



Prevea360 Medicare Advantage's Drug Formulary and Pharmacy Directory are available at prevea360.com/medicaremembers. Call 877-232-7566 (TTY: 711) if you have questions.

Part D Prescription Drug Coverage At-a-Glance

Essential (HMO-POS)

Stage 1:	Deductible (Applies to Tiers 3-5) \$250							
Initial Coverage Deductible You pay:								
Stage 2:		1 Month/3	0 Day	3 Month/9	0 Day			
Initial Coverage Copay and Coinsurance		Preferred Retail and Mail Order	Standard Retail	Preferred Retail and Mail Order	Standard Retail			
You pay:	Tier 1	\$0	\$7	\$0	\$7			
	Tier 2	\$5	\$12	\$10	\$24			
	Tier 3	\$40	\$47	\$100	\$117.50			
	Tier 4	\$90	\$100	\$270	\$300			
	Tier 5	Cost Sharir	ng: 28%	Not applicable				
Stage 3: Coverage Gap (Donut Hole) You pay:	25% coinsurance							
Stage 4: Catastrophic Coverage You pay:	Generic: 5% or \$3.95 Brand: 5% or \$9.85							

Drug dispensing fees may apply.

Harmony (HMO-POS) MA-Only

Prevea360 Harmony does not offer Part D Prescription Drug coverage. This is an excellent choice if you already have

prescription drug coverage through Wisconsin's Senior Care Prescription Drug Assistance Program, TRICARE for Life, the VA or an employer plan. You cannot have a Medicare Part D Prescription Drug plan if you enroll in the Harmony plan.

Maintenance Drugs Savings

Save time and money by purchasing a three-month supply of maintenance drugs in one transaction at retail locations or via the Costco mail-order pharmacy.

\$0 Part D Vaccines

You pay \$0 in all stages for all covered Part D vaccines - including Shingles and Tdap. These \$0 vaccines are listed in our formulary as Tier 6.

Stages of Part D Coverage

Stage 1:	You pay full price for
Initial Coverage Deductible	You pay Stage 2 cop
Stage 2:	You pay copays or a
Initial Coverage Copay	You stay in this stage
and Coinsurance	\$4,430 within a plan
Stage 3: Coverage Gap (Donut Hole)	Once your total drug You stay in this stage (not counting the am within a plan year
Stage 4: Catastrophic Coverage	After your total out-o 5% coinsurance, whic You stay in this stage

Insulin Savings

You will pay a \$30 copay per prescription at a preferred pharmacy or a \$35 copay per prescription at a standard pharmacy. These savings apply through the deductible and copay stages and the donut hole.

r drugs on Tiers 3-5 until you meet your deductible bays for Tiers 1&2 immediately (no deductible)

percentage of the drug's total cost (coinsurance) e until you and Prevea360 Medicare Advantage have paid n year

g costs reach \$4,430 you pay 25% of the cost of the drug

e until your total out-of-pocket costs reaches \$7,050 mount that Prevea360 Medicare Advantage has also paid)

of-pocket costs reach \$7,050 you pay a small copay or ichever amount is larger

e for the remainder of the plan year

Summary of Benefits Plan Year 2022

Prevea360 Medicare Advantage Plans from Dean Health Plan

Essential (HMO)

Harmony (HMO-POS) MA-Only

January 1, 2022 – December 31, 2022

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. See the Evidence of Coverage to get a complete list of services we cover. The Evidence of Coverage is available to view on prevea360.com/medicaremembers. You can also request a printed copy of any of

these materials by calling our Customer Care Center.

If you want to know more about the coverage and costs of Original Medicare, look in the current "Medicare & You" handbook. View it online at medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Benefits, premiums and/or copayments/coinsurance may change on January 1 of each year. You must continue to pay your Part B premium.

This document is available in other formats such as Braille and large print. This document may be available in a non-English language. For additional information, call us at 1-877-232-7566 (TTY: 711).

Dean Health Plan, Inc. is a HMO/HMO-POS with a Medicare contract. Enrollment in Dean Health Plan, Inc. depends on contract renewal. Dean Health Plan markets under the names Dean Advantage and Prevea360 Medicare Advantage.

Hours of Operation

- From October 1 to March 31, you can call us 7 days a week from 8 am - 8 pm Central time.
- From April 1 to September 30, you can call us Monday through Friday from 8 am – 8 pm Central time.

Prevea360 Medicare Advantage Phone Numbers and Website

- If you are a member of this plan, call toll-free 1-877-232-7566 (TTY: 711).
- If you are not a member of this plan, call toll-free 1-877-234-0126 (TTY: 711).
- Our website: prevea360.com/medicare

Who can join?

To join a Prevea360 Medicare Advantage plan, you must be enrolled in Medicare Part A and Medicare Part B and live in our service area.

What is the Service Area?

Our service area includes the following counties in Wisconsin: Brown, Chippewa, Door, Eau Claire, Kewaunee, Oconto, and Sheboygan

Which doctors, hospitals and pharmacies can I use?

Dean Advantage has a network of doctors, hospitals, pharmacies and other providers. For some services you can use providers that are not in our network.

- Provider directory website: prevea360.com/doctors
- Pharmacy directory website: prevea360.com/medicaremembers

Monthly Premium, Deductibles, and Limits on

How Much You Pay for Covered Services

	Prevea360 Essential (HMO-POS)	Prevea360 Harmony (HMO-POS)	
Monthly Premium			
You must continue to pay your Medicare Part B premium	\$0	\$0	
Part B Buy Back			
Dean Health Plan provides a credit that will automatically be applied towards your Medicare Part B premium	\$25	\$50	
Medical Deductible	Not Applicable	Not Applicable	
Maximum Out-of-Pocket Responsibility			
If you reach the limit on out-of-pocket costs, you will keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.	\$4,500 for in-network services \$6,000 for in-network and out-of-network services combined	\$4,500 for in-network services \$6,000 for in-network and out-of-network services combined	
(Does not include prescription drugs)			

Covered Medical and Hospital Benefits

*Benefit may require prior authorization

		0 Essential 0-POS)	Prevea360 Harmony (HMO-POS)			
	In Network	Out-of-Network	In Network	Out-of-Network		
Inpatient Hospital Coverage*	\$325 copay each day for days 1 - 5	\$500 copay each day for days 1 - 7	\$325 copay each day for days 1 - 5	\$500 copay each day for days 1 - 7		
For Medicare- covered stays	\$0 each day for days 6 to discharge	\$0 each day for days 8 to discharge	\$0 each day for days 6 to discharge	\$0 each day for days 8 to discharge		
Outpatient Hospital Coverage*						
Outpatient Hospital:	\$275 copay	20% coinsurance	\$275 copay	20% coinsurance		
Ambulatory Surgery Center:	\$175 copay	20% coinsurance	\$175 copay	20% coinsurance		
Procedure performed during office visit:	\$0 - \$35 copay	\$50 copay	\$0 - \$35 copay	\$50 copay		
Doctor Visits						
Primary Care Providers:	\$0 copay	\$50 copay	\$0 copay	\$50 copay		
Specialists:	\$35 copay	\$50 copay	\$35 copay	\$50 copay		
Palliative Care:	\$0 copay	\$0 copay	\$0 copay	\$0 copay		
Preventive Care	\$0 copay	\$30 copay	\$0 copay	\$30 copay		
Emergency Care In the U.S.	\$90 copay	\$90 copay	\$90 copay	\$90 copay		
(Waived if admitted)						
Urgently	\$35 copay		\$35 copay			
Needed Services In the U.S.	Your cost may be reduced based on level of treating provider	\$35 copay	Your cost may be reduced based on level of treating provider	\$35 copay		

Summary of Benefits | Plan Year 2022

	Prevea360 Essential (HMO-POS)			0 Harmony 0-POS)
	In Network	Out-of-Network	In Network	Out-of-Network
Diagnostic Services / Labs / Imaging*				
Outpatient X-ray:	\$30 copay	20% coinsurance	\$35 copay	20% coinsurance
Laboratory Tests:	\$0 copay	20% coinsurance	\$0 copay	20% coinsurance
Radiation Therapy:	\$35 copay	20% coinsurance	\$35 copay	20% coinsurance
Diagnostic Procedures/Tests:	\$0 copay	20% coinsurance	\$0 copay	20% coinsurance
Diagnostic Mammograms:	\$0 copay	20% coinsurance	\$0 copay	20% coinsurance
Diagnostic Radiology:	\$100 copay	20% coinsurance	\$100 copay	20% coinsurance
Hearing Services Medicare-covered-				
exam to diagnose and treat hearing and balance issues:	\$0 copay	\$60 copay	\$0 copay	\$60 copay
Routine hearing exam:	\$0 copay per exam for 1 exam every calendar year	Not Covered	\$0 copay per exam for 1 exam every calendar year	Not Covered
Hearing aid fitting / evaluation:	\$0 copay per fitting for 1 fitting every calendar year	Not Covered	\$0 copay per fitting for 1 fitting every calendar year	Not Covered
Hearing aid allowance:	\$0 copay Our plan pays up to \$750 both ears combined every calendar year for hearing aids You are responsible for costs beyond the plan limit	Not Covered	\$0 copay Our plan pays up to \$750 both ears combined every calendar year for hearing aids You are responsible for costs beyond the plan limit	Not Covered

ummary of Benefits Plan		Year 202	2			0 Essential D-POS)		60 Harmony D-POS)	
y						In Network	Out-of-Network	In Network	Out-of-Netwo
		0 Essential D-POS) Out-of-Network	(HMC	0 Harmony D-POS) Out-of-Network	Skilled Nursing Facility* Our plan covers up				
Vision Services Medicare-covered exam to treat to diagnose and treat diseases and conditions of the eye: Medicare-covered	\$0 copay	\$30 copay Not Covered	\$0 copay	\$30 copay Not Covered	to 100 day per benefit period in a SNF: A benefit period begins on the first day you go to a Medicare-covered inpatient hospital or	\$0 each day for days 1 - 20 \$184 each day for days 21 - 100	\$150 each day for days 1 - 100	\$0 each day for days 1 - 20 \$184 each day for days 21 - 100	\$150 each da for days 1 - 10
eyewear after cataract surgery: Routine eye exam:	\$0 copay \$0 copay per exam for 1 exam every calendar year	Not Covered	\$0 copay \$0 copay per exam for 1 exam every calendar year	Not Covered	a skilled nursing facility. The benefit period ends when you haven't been an inpatient at any hospital or SNF for 60 days in a row				
Eyewear: (eyeglasses, frames, lenses or contact lenses)	Our plan pays up to a total of \$200 every calendar year You are responsible for	Not Covered	Our plan pays up to a total of \$200 every calendar year You are responsible for	Not Covered	Therapy* Outpatient physical therapy, speech language pathology, and occupational therapy:	\$35 copay per visit	\$60 copay per visit	\$35 copay per visit	\$60 copay pe visit
Mental Health Services: Hospital Care*	costs beyond the plan limit \$325 copay each day for days 1 - 5	\$500 copay each day for days 1 - 7	costs beyond the plan limit \$325 copay each day for days 1 - 5	\$500 copay each day for days 1 - 7	Ambulance For each one-way Medicare-covered trip	\$275 copay	\$275 copay	\$275 copay	\$275 copay
For Medicare- covered stays Mental Health	\$0 each day for days 6 - 90	\$0 each day for days 8 - 90	\$0 each day for days 6 - 90	\$0 each day for days 8 - 90	Transportation For rides to medical appointments	\$0 copay per ride for 24 one-way rides every calendar year	Not Covered	\$0 copay per ride for 24 one-way rides every calendar year	Not Covered
Services: Outpatient Care					Medicare Part B			, , , , , , , , , , , , , , , , , , ,	
Outpatient Individual Therapy:	\$0 copay	\$30 copay	\$0 copay	\$30 copay	Drugs* Part B Drugs:	20% coinsurance	20% coinsurance	20% coinsurance	20% coinsuran
Outpatient Group Therapy:	\$0 сорау	\$30 copay	\$0 сорау	\$30 copay	Part B prescription drugs received in the pharmacy:	\$0 copay - \$47	20% coinsurance	\$0 copay - \$47 copay	20% coinsuran

Medicare Part D Prescription Drug Coverage

	Prevea360 Essential (HMO-POS)	Prevea360 Harmony (HMO-POS)
Part D Deductible	\$250 Applies to Tier 3, Tier 4 and Tier 5	Not Covered
PREFERRED RETAIL 30 day supply		
Tier 1 Preferred Generic	\$0 copay	Not Covered
Tier 2 Generic	\$5 copay	Not Covered
Tier 3 Preferred Brand	\$40 copay	Not Covered
Tier 4 Non-Preferred Drugs	\$90 copay	Not Covered
Tier 5 Specialty Drugs	28% coinsurance	Not Covered
Tier 6 Part D Vaccines	\$0 copay	Not Covered
STANDARD RETAIL 30 day supply		
Tier 1 Preferred Generic	\$7 copay	Not Covered
Tier 2 Generic	\$12 copay	Not Covered
Tier 3 Preferred Brand	\$47 copay	Not Covered
Tier 4 Non-Preferred Drugs	\$100 copay	Not Covered
Tier 5 Specialty Drugs	28% coinsurance	Not Covered
Tier 6 Part D Vaccines	\$0 copay	Not Covered
LONG TERM CARE 31 day supply	See Standard Retail Pharmacy (30 Day)	Not Covered
OUT-OF-NETWORK 29 day supply	See Standard Retail Pharmacy (30 Day)	Not Covered

	Prevea360 Essential (HMO-POS)	Prevea360 Harmony (HMO-POS)	
PREFERRED RETAIL 90 day supply			
Tier 1 Preferred Generic	\$0 copay	Not Covered	
Tier 2 Generic	\$10 copay	Not Covered	
Tier 3 Preferred Brand	\$100 copay	Not Covered	
Tier 4 Non-Preferred Drugs	\$270 copay	Not Covered	
Tier 5 Specialty Drugs	Not Applicable	Not Covered	
Tier 6 Part D Vaccines)	Not Applicable	Not Covered	
STANDARD RETAIL 90 day supply			
Tier 1 Preferred Generic	\$7 copay	Not Covered	
Tier 2 Generic	\$24 copay	Not Covered	
Tier 3 Preferred Brand	\$117.50 copay	Not Covered	
Tier 4 Non-Preferred Drugs	\$300 copay	Not Covered	
Tier 5 Specialty Drugs	Not Applicable	Not Covered	
Tier 6 Part D Vaccines	Not Applicable	Not Covered	
Part D Coverage Stages			
Stage 1 Deductible	You pay in full until you reach your deductible. (Applies to Tier 3, Tier 4 and Tier 5 only)	Not Covered	
Stage 2 Initial Coverage	You pay copays or coinsurance, and we pay the remainder until together our spending reaches \$4,430	Not Covered	
Stage 3 Coverage Gap	Above \$4,430 , you pay 25% of the cost for generics and brand drugs until your expenses reach \$7,050	Not Covered	
Stage 4 Catastrophic	Above \$7,050 you pay the greater of 5% or \$3.95 for generics and \$9.85 for all other drugs and we pay the remainder	Not Covered	

Additional Benefits

) Essential -POS)) Harmony -POS)
	In Network	Out-of- Network	In Network	Out-of- Network
In-Home Support We partnered with Papa, a company that connects you with screened and trained Papa Pals who provide assistance with organization, light housework, technology and transportation.	\$0 copay per visit for 10 visits every month	Not Covered	\$0 copay per visit for 10 visits every month	Not Covered
Over-the-Counter Allowance for Health and Wellness Products Shop online, in-store, or by catalog.	\$50 quarterly allowance	Not Covered	\$50 quarterly allowance	Not Covered
Post Discharge Meals Mom's Meals delivered to your door after you are discharged from the hospital or a skilled nursing facility.	14 meals after an inpatient stay at no cost to you	Not Covered	14 meals after an inpatient stay at no cost to you	Not Covered
Fitness Benefit Silver&Fit®	\$0 copay	Not Covered	\$0 copay	Not Covered
Routine Chiropractic	\$15 copay for an additional 24 routine chiropractic visits every calendar year	\$50 copay for an additional combined 24 routine chiropractic visits every calendar year	\$10 copay for an additional 24 routine chiropractic visits every calendar year	\$50 copay for an additional combined 24 routine chiropractic visits every calendar year

) Essential -POS)	Prevea360 Harmony (HMO-POS)		
	In Network	Out-of- Network	In Network	Out-of- Network	
Living Healthy Rewards for completing healthy activities like receiving a flu shot, going to the dentist and getting an annual physical	\$150 every calendar year	Not Covered	\$150 every calendar year	Not Covered	
Worldwide Emergency	\$90 copay	\$90 copay	\$90 copay	\$90 copay	
and Urgent Care Outside the US	No Limit	No Limit	No Limit	No Limit	
Nurse Advice Line Nurses are available 24 hours a day, 365 days a year.	\$0 copay	Not Covered	\$0 copay	Not Covered	
Virtual Visits See conditions treated and complete an online health interview at prevea360.com/virtualvisit.	\$0 copay	Not Covered	\$0 copay	Not Covered	

Non-Discrimination Notice

The Health Plan*.

- Provides free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language services to people whose primary language is not English such as: qualified interpreters and information written in other languages. If you need these services, contact the Customer Care Center at 1-877-317-2410 (TTY: 711).

The Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, or religion. The Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, or religion.

If you believe that the Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, or religion, you can file a grievance with the organization's Civil Rights Coordinator. If you need help filing a grievance, the Civil Rights Coordinator for the Health Plan is available to help you. You can file a grievance in person, by mail, or email at:

Civil Rights Coordinator
1277 Deming Way
Madison, Wisconsin 53717

Phone: 1-608-828-2216 (TTY: 711) Email: civilrightscoordinator@deancare.com

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, by mail, or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Phone: 1-800-368-1019 or 1-800-537-7697 (TDD) Washington, D.C. 20201

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

*Dean Health Plan; Prevea360 Health Plan; WellFirst Health

Spanish - ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-317-2410 (TTY: 711).

Chinese - 注意:如果您使用繁 體中文,您可以免費獲得語言援 助服務。請致電 1-877-317-2410 (TTY: 711) •

Polish - UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-317-2410 (TTY: 711).

Vietnamese - CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Goi số 1-877-317-2410 (TTY: 711).

Tagalog - PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-877-317-2410 (TTY: 711).

German - ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-877-317-2410 (TTY: 711).

French - ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-317-2410 (ATS : 711).

Hindi - ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त Italian - ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza में भाषा सहायता सेवाएं उपलब्ध हैं। 1-877-317-2410 linguistica gratuiti. Chiamare il numero (TTY: 711) पर कॉल करें। 1-877-317-2410 (TTY: 711).

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Language Assistance

Somali - DIGTOONI: Haddii aad ku hadasho afka Soomaaliha, adeegyada caawimada luqadda waxaa laguu heli karaa iyagoo bilaash ah. Wac

1-877-317-2410 (TTY: 711).

Hmong - LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-877-317-2410 (TTY: 711).

Korean - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-317-2410 (TTY: 711)번으로 전화해 주십시오.

Arabic -

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-877-317-2410 (رقم هاتف الصم والبكم: 711).

Russian - ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-317-2410 (телетайп: 711).

Gujarati - સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિઃશુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-877-317-2410 (TTY: 711).

Urdu -

خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں ۔ کال کریں 1-877-317-2410 (TTY: 711).

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